



University of the Third Age - U3A in BRENT
LIST OF INTEREST GROUPS 2023-2024

Annual Subscription £20.00 – covering all Groups, except Films, Lunches, Holidays, Yoga and Outings

Autumn Term – 11th September to 8th December (half-term: 16th-22nd October)

Spring Term - 8th January – 28th March (half-term: 12th -16th February)

Summer Term - 8th April to 5th July (half-term: 27th – 31st May) (**not all groups take breaks**)

General Secretary: Cathy - 020 8452 5239, email brentu3a@outlook.com

News and events are usually notified by email and on our website: www.brentu3a.org.uk

We are a small and friendly U3A with a wide variety of learning and activity groups. Groups marked * are full – please contact group leader to go on waiting list. All other groups have room for new members.

Groups marked ** are seeking new members.

NB Due to Covid-19 some groups are meeting on Zoom. Please contact group leaders for updates.

****TOPICAL DISCUSSION Mondays, weekly, 10-12**, at 37 Kings Drive, Wembley, HA9 9HN (buses 297, 206, or Wembley Park, Jubilee Line.)

Lively open forum on current news followed by planned topics.

➤ Contact **Vivien**, 020 8205 7957 vivien.crispe@btinternet.com

WATERCOLOUR PAINTING Tuesdays weekly, 10.30 –12.30.

At Ealing Road Library, Wembley.

For beginners as well as experienced painters.

➤ Contact **Babu**, 020 8450 2603 babupatel277@gmail.com

****QUIZZING Monday or Tuesday teatime**

Regular meetings for friendly quizzes on Zoom. We take it in turns to set the general knowledge and picture quizzes and enjoy testing tiebreakers.

➤ Contact **Cathy**, 020 8452 5239 brentu3a@outlook.com

****INTERMEDIATE FRENCH Tuesdays or Wednesdays, 5-6:30pm**, twice monthly, usually on Zoom

Keep up with life in France and other French speaking countries and improve your French conversation

(Not for beginners, from O level or GCSE or equivalent)

➤ Contact **Cathy**, 020 8452 5239 brentu3a@outlook.com

****RELIGION & SPIRITUALITY 1st & 3rd Tuesdays** of month from 4 October, 2.15– 4.15 pm at 35 Meyrick Road, NW10 2EL (Buses 98, 226, 260, 266, 302, 460, Dollis Hill, Jubilee Tube).

This year's theme is Spirituality and the Movies.

➤ Contact **Donald**, 020 8933 7558, donaldw.elliott@ntlworld.com

***READING GROUP - Thursday afternoons**, monthly, **2-4pm**, Dollis Hill, NW10.

Buses 182, 226, 245, 297 and 302. Dollis Hill and Neasden, Jubilee Line.

We meet in Gladstone Park in the summer and autumn, weather permitting, 2-4pm. Otherwise on Zoom.

Read a book, usually a novel and usually free, then discuss it at the meeting. Books provided by Brent Libraries and organised for you.

➤ Contact **Cathy**, 020 8452 5239 brentu3a@outlook.com

****GERMAN CONVERSATION Monday afternoons** twice monthly, **5-6.30pm**.

Currently on Zoom.

For fluent German speakers to keep up with current affairs and cultural life in German speaking countries.

➤ Contact **Cathy**, 020 8452 5239 brentu3a@outlook.com

WALKS – usually Mondays or Wednesdays, twice monthly and extra walks in summer.

Walks discovering new places in Brent and London with a friendly group of about 8-10 members. Walks 4-7 miles with refreshment stops. Walks generally Freedom Pass accessible.

➤ Contact **Cathy**, 020 8452 5239 brentu3a@outlook.com

LUNCH GROUP - monthly, usually **Tuesdays** or **Wednesdays**.

At various restaurants across Brent – always good food, good value and good company.

Generally outdoors in the summer. No need usually to book (except for Christmas lunch).

All members are invited by email to each lunch – look out for monthly Brent U3A emails.

We also have a Christmas lunch, which most people normally come to.

NB cost of lunches not included in membership!

FILMS: Monthly film screenings for seniors with discussion afterwards at the Lexi Cinema.

Lexi Cinema (194b Chamberlayne Road, Kensal Rise.

Buses 6, 52, 187 and 302) - usually the **first Monday of month** at 2pm. Tickets **£5.00** including tea and biscuit. No need to book, just turn up.

For the next screening, visit www.thelexicinema.co.uk

For outings, holidays and much more, see regular emails or visit our website

www.brentu3a.org.uk

Groups marked * are full – please contact group leader to go on waiting list. All other groups have room for new members. Groups marked ** are seeking new members.