



University of the Third Age - U3A in BRENT

### LIST OF INTEREST GROUPS 2019-2020

*Annual Subscription £20.00 – covering all Groups, except Films, Lunches, Holidays, Yoga and Outings*

**Autumn Term** – 14<sup>th</sup> September to 11<sup>th</sup> December (half-term: 19<sup>th</sup>-23<sup>rd</sup> October)

**Spring Term** - 5<sup>th</sup> January – 26<sup>th</sup> March (half-term: 16<sup>th</sup> - 20<sup>th</sup> February)

**Summer Term** - 12<sup>th</sup> April to 2<sup>nd</sup> July (half-term: 24<sup>th</sup> – 28<sup>th</sup> May) (**not all groups take breaks**)

*General Secretary: Cathy - 020 8452 5239, email [brentu3a@outlook.com](mailto:brentu3a@outlook.com)*

NEWS & EVENTS are usually notified by email and on our website: [www.brentu3a.outlook.com](http://www.brentu3a.outlook.com)

### OUR ACTIVITY AND TOPIC GROUPS

All our groups are friendly, with cups of tea and biscuits. Please register your interest by phoning or emailing the Contact for the Topic Group who will give you details. You should first become a member of U3A in Brent using our enrolment form. Some groups may let you have a taster session. Groups marked \* are full – please contact group leader to go on waiting list. All other groups have room for new members. Groups marked \*\* are seeking new members.

NB Unfortunately due to Covid-19 some groups are not meeting at present. Please contact group leaders for details.

**\*\*TOPICAL DISCUSSION Mondays, 10–12 noon**, 37 Kings Drive, Wembley, HA9 9HN (buses 297, 206, or Wembley Park, Jubilee Line.) *Lively open forum on current news followed by planned topics.*

➤ Contact **Vivien**, 020 8205 7957 [vivien.crispe@btinternet.com](mailto:vivien.crispe@btinternet.com)

**\*SCIENCE Tuesdays**, monthly, **10.15-11.45**, at 16 Haycroft Gardens, Harlesden, NW10 3BN. Buses 206 & 226. *We pick topics, investigate and present them to each other (with DVD etc)*

➤ Contact **Frances**, 020 8965 5874 [fholloway9oa@hotmail.com](mailto:fholloway9oa@hotmail.com)

**WATERCOLOUR PAINTING Tuesdays** weekly, 10.30 –12.30. *For beginners as well as experienced painters.* At Ealing Road Library, Wembley.

➤ Contact **Babu**, 020 8450 2603 [babupatel277@gmail.com](mailto:babupatel277@gmail.com)

**RELIGION & SPIRITUALITY 1st & 3rd Tuesdays** of month, 2.30– 4.15 pm at 179 Chatsworth Road, Willesden Green, NW2 5QS (Buses 98, 260, 266, 460, Willesden Green, Jubilee Tube). – ‘The Art of Scripture’ - across the faiths, using a book by Karen Armstrong..

➤ Contact **Donald**, 020 8933 7558, [donaldw.elliott@ntlworld.com](mailto:donaldw.elliott@ntlworld.com)

**DESERT ISLAND DISCS Last Tuesdays** monthly, 2.30-4pm at 179 Chatsworth Road, Willesden Green, NW2 5QS (Buses 98, 260, 266, 460, Jubilee Tube). *All tastes in music - bring a CD and introduce it.*

➤ Contact **Helen**, 020 8965 1497, [Helennw10@hotmail.com](mailto:Helennw10@hotmail.com)

**ANIMATED FILMS Wednesday mornings** by arrangement, at 31 Chelmsford Square, NW10 3AP. Buses 302, 52, 6. Animated films for adults.

➤ Contact **Joan**, 020 8830 0832 (daytime only), [j.padro.a@hotmail.co.uk](mailto:j.padro.a@hotmail.co.uk)

**\*CLOTHES MAKING** - 2 groups **Wednesdays (1)** 10:30-12:30pm, **(2)** 2-4 pm, 32 Lantern Close, Wembley, HA0 2JT. On the top floor of a block of flats with lift. *Pleasurable dressmaking removing many hassles.*

➤ Contact **Celia**, 020 8903 0784

**\*RUSSIAN HISTORY** – in film & discussion. **Wednesdays** fortnightly, 10.30-12.30 at 179 Chatsworth Road, Willesden Green, NW2 5QS. (Buses 98, 260, 266, 460, Willesden Green on Jubilee Line).

➤ Contact **Joan**, 020 8830 0832 (daytime only), [j.padro.a@hotmail.co.uk](mailto:j.padro.a@hotmail.co.uk)

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**UKULELE BAND Wednesday morning** by mutual arrangement. 16 Haycroft Gardens, Harlesden, NW10 3BN. Buses 206 & 226. *Bring a ukulele and learn to play.*

- Contact **Tom**, [tom.reid21@virginmedia.com](mailto:tom.reid21@virginmedia.com) or 020 8965 0454

**\*\*FLUENT FRENCH CONVERSATION** – *not for beginners*. Wembley Hill Road. This group is taking a break because of members' illness. Please try the intermediate French group or contact Sheila about reviving the fluent group. Buses 297, 245 and 182. Wembley Park, Jubilee and Metropolitan Lines.

- Contact **Sheila**, 020 8908 3655

**\*\*INTERMEDIATE FRENCH Tuesdays 11-12.30**, twice monthly, 31 Normanby Rd, off Dudden Hill Lane, NW10 1BU. *Improve your French conversation* (O level, GCSE). Buses 226, 297, 302, Dollis Hill, Jubilee Line.

- Contact **Cathy**, 020 8452 5239 [brentu3a@outlook.com](mailto:brentu3a@outlook.com)

**BOOK READING No. 1** - monthly **Thursday afternoons 2-4pm**, 31 Normanby Road, off Dudden Hill, NW10 1BU. *Read a book, usually free, then discuss it at the meeting.* Buses 226, 297 and 302. Dollis Hill, Jubilee Line.

- Contact **Cathy**, 020 8452 5239 [brentu3a@outlook.com](mailto:brentu3a@outlook.com)

**\*BOOK READING No. 2** – monthly **Thursday afternoons**, 36 Chelmsford Square. London NW10 3AR. *Read a book, usually free, then discuss it at the meeting.* Buses 206, 6, 52, 302.

- Contact **Diana**, 020 8459 7692 [twopeach@msn.com](mailto:twopeach@msn.com)

**\*BOOK READING No. 3** –monthly, **Tuesday afternoons 2-4pm**, 4 Springhill House, 249 Willesden Lane, London NW2 5DG. *Read a book, usually free, then discuss it at the meeting.* Buses 52, 98, , 266, 302, 460, Willesden Green, Jubilee Line.

- Contact **Jane**, 020 8451 5277 [janebell@dircon.co.uk](mailto:janebell@dircon.co.uk)

**\*\*GERMAN CONVERSATION Monday afternoons** monthly, **2.45-4.15**. *For fluent German speakers to keep abreast of German current affairs and cultural life.* Preston Road, Metropolitan Line.

- Contact **Cathy**, 020 8452 5239 [brentu3a@outlook.com](mailto:brentu3a@outlook.com)

**WALKS Friday mornings** monthly and extra walks in summer. Walks discovering new places in London with a friendly group of about 8-10 members. Walks usually 4-7 miles with lots of refreshment stops

- Contact **Cathy**, 020 8452 5239 [brentu3a@outlook.com](mailto:brentu3a@outlook.com)

**YOGA FOR SENIORS** with Helen– **Monday afternoons**, 1.30-3pm. At St Catherine's Church Hall, Neasden. £6.00 per session. Buses 182, 232, 245, 297, 302. Also Jubilee Line. £6 per session – mats provided.

- Contact **Helen**, 0207 625 6374 [mchagmeow@gmail.com](mailto:mchagmeow@gmail.com)

**FILMS:** Monthly film screenings with discussion at the With Frances Lass. Just turn up. **Lexi Cinema** (194b Chamberlayne Road, Kensal Rise. Buses 6, 52, 187 and 302) - usually the **last Wednesday of month** at 1.30 pm. Tickets **£5.00**. For the next screening, visit [www.brentu3a.org.uk](http://www.brentu3a.org.uk) or [www.thelexicinema.co.uk](http://www.thelexicinema.co.uk)

**LUNCH GROUP** monthly, usually **Tuesdays**. At various restaurants across Brent – always good food, good value and good company. No need to book (except for Christmas lunch).

For outings, lunches, holidays and much more, see regular emails or visit our website [www.brentu3a.org.uk](http://www.brentu3a.org.uk)

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