



University of the Third Age
U3A in BRENT

PROSPECTUS 2019-2020

Annual Subscription £20.00 – covering all Groups, except Films, Lunches, Holidays, Yoga and Outings

Autumn Term – 23rd September to 6th December (half-term: 21st-25th October)

Spring Term - 6th January – 3rd April (half-term: 10th-14th February)

Summer Term - 20th April to 26th June (half-term: 25th – 29th May)

(not all groups take breaks)

General Secretary: Cathy - 020 8452 5239, email brentu3a@outlook.com

NEWS & EVENTS are usually notified by email and on our website: www.brentu3a.outlook.com

OUR ACTIVITY AND TOPIC GROUPS

All our groups are friendly, with cups of tea and biscuits. Please register your interest by phoning or emailing the Contact for the Topic Group who will give you details. You should first become a Member of U3A in Brent using the downloadable enrolment form. Some groups may let you have a taster session.

TOPICAL DISCUSSION Mondays, **10–12 noon**, 37 Kings Drive, Wembley, HA9 9HN (buses 297, 206, or Wembley Park, Jubilee Line.) *Lively open forum on current news followed by planned topics.*

- Contact **Vivien**, 020 8205 7957 vivien.crispe@btinternet.com

SCIENCE Tuesdays, monthly, 10.15-11.45, at 16 Haycroft Gardens, Harlesden, NW10 3BN. Buses 206 & 226. *We pick topics, investigate and present them to each other (with DVD etc)*

- Contact **Frances**, 020 8965 5874 fholloway9oa@hotmail.com

WATERCOLOUR PAINTING Tuesdays weekly, 10.30 –12.30. *For beginners as well as experienced painters.* At Ealing Road Library, Wembley.

- Contact **Babu**, 020 8450 2603 babupatel277@gmail.com

RELIGION & SPIRITUALITY 1st & 3rd Tuesdays of month, 2.30– 4.15 pm at 179 Chatsworth Road, Willesden Green, NW2 5QS (Buses 98, 260, 266, 460, Willesden Green, Jubilee Tube). – *Religion and Science, according to the former British Chief Rabbi*

- Contact **Donald**, 020 8933 7558, donaldw.elliott@ntlworld.com

DESERT ISLAND DISCS Last Tuesdays monthly, 2.30-4pm at 179 Chatsworth Road, Willesden Green, NW2 5QS (Buses 98, 260, 266, 460, Jubilee Tube). *All tastes in music - bring a CD and introduce it.*

- Contact **Helen**, 020 8965 1497, Helennw10@hotmail.com

ANIMATED FILMS Wednesday mornings by arrangement, at 31 Chelmsford Square, NW10 3AP. Buses 302, 52, 6. Animated films for adults.

- Contact **Joan**, j.padro.a@hotmail.co.uk, 020 8830 0832 (daytime only)

CLOTHES MAKING - 2 groups **Wednesdays (1)** 10:30-12:30pm, **(2)** 2-4 pm, 32 Lantern Close, Wembley, HA0 2JT. On the top floor of a block of flats with lift. *Pleasurable dressmaking removing many hassles.*

- Contact **Celia**, 020 8903 0784

RUSSIAN HISTORY – in film & discussion. **Wednesdays** fortnightly, 10.30-2.30 at 179 Chatsworth Road, Willesden Green, NW2 5QS. (Buses 98, 260, 266, 460, Willesden Green on Jubilee Line).

- Contact **Joan**, j.padro.a@hotmail.co.uk or 020 8830 0832 (daytime only)

UKULELE BAND Wednesday morning by mutual arrangement. 16 Haycroft Gardens, Harlesden, NW10 3BN. Buses 206 & 226. *Bring a ukulele and learn to play.*

- Contact **Tom**, tom.reid21@virginmedia.com or 020 8965 0454

FILM CLUB Last Friday of the month, 2pm. Films chosen by members screened and then discussed. Venue, usually in Willesden Green, film details and availability of places to be confirmed each month.

- Contact **Frances**, 020 8451 7411 franceslass.@yahoo.co.uk

FLUENT FRENCH CONVERSATION – *not for beginners* **Mondays**, 10.30-12 at 146 Wembley Hill Road, HA9 8EW. Buses 79, 204, 245. Also Wembley Park on Jubilee and Metropolitan Lines.

- Contact **Sheila**, 020 8908 3655

INTERMEDIATE FRENCH Tuesdays 11-12.30, twice monthly, 31 Normanby Rd, off Dudden Hill Lane, NW10 1BU. *Improve your French conversation (O level, GCSE).* Buses 226, 297, 302, Dollis Hill, Jubilee Line.

➤ Contact **Cathy**, 020 8452 5239 brentu3a@outlook.com

BOOK READING No. 1 - monthly **Thursday afternoons 2-4pm**, 31 Normanby Road, off Dudden Hill, NW10 1BU. *Read a book, usually free, then discuss it at the meeting.* Buses 226, 297 and 302. Dollis Hill, Jubilee Line.

➤ Contact **Cathy**, 020 8452 5239 brentu3a@outlook.com

BOOK READING No. 2 – monthly **Thursday afternoons**, 36 Chelmsford Square. London NW10 3AR. *Read a book, usually free, then discuss it at the meeting.* Buses 206, 6, 52, 302.

➤ Contact **Diana**, 020 8459 7692 twopeach@msn.com

BOOK READING No. 3 – a new group looking for members. Monthly, **Tuesday afternoons 2-4pm**, 4 Springhill House, 249 Willesden Lane, London NW2 5DG. *Read a book, usually free, then discuss it at the meeting.* Buses 52, 98, 266, 302, 460, Willesden Green, Jubilee Line.

➤ Contact **Jane**, 020 8451 5277 janebell@dircon.co.uk

GERMAN CONVERSATION Monday afternoons monthly, 2.45-4.15. *For fluent German speakers to keep abreast of German current affairs and cultural life.* Preston Road, Metropolitan Line.

➤ Contact **Cathy**, 020 8452 5239 brentu3a@outlook.com

COMPUTING Personal home tuition by arrangement.

➤ Contact **Alan**, 020 8902 8607 alan.conway@yahoo.co.uk

WALKS Friday mornings monthly. Walks discovering new places in London with a friendly group of about 8-10 members. Walks usually 4-7 miles with lots of refreshment stops

➤ Contact **Cathy**, 020 8452 5239 brentu3a@outlook.com

YOGA FOR SENIORS with Helen– Monday afternoons, 1.30-3pm. At St Catherine's Church Hall, Neasden. £6.00 per session. Buses 182, 232, 245, 297, 302. Also Jubilee Line. £6 per session – mats provided.

➤ Contact **Helen** mchagmeow@gmail.com 0207 625 6374

FILMS: Monthly film screenings with discussion at the **Lexi Cinema** (194b Chamberlayne Road, Kensal Rise. Buses 6, 52, 187 and 302) - usually on the **last Wednesday of month** at 1.30 pm. Tickets **£5.00**. With Frances Lass. Just turn up. For the next screening visit www.brentu3a.org.uk or www.thelexicinema.co.uk

For monthly local lunches, usually on the second Tuesday, outings, holidays and much more, see regular emails or visit our website www.brentu3a.org.uk