



University of the Third Age

U3A in BRENT

PROSPECTUS 2017-2018

Annual Subscription £20.00 – covering all Groups, except Films, Yoga and Outings

Autumn Term – 25th September to 8th December (half-term: 23rd-29th October)

Spring Term - 8th January – 23rd March (half-term: 12th -18th February)

Summer Term – 23rd April to 29th June (half-term: 28th May – 3rd June)

(not all groups take breaks)

General Secretary: *Cathy Mercer* –Tel: 020 8452 523 , email brentu3a@outlook.com

NEWS & EVENTS are usually notified by email and on our website: www.brentu3a.org.uk

OUR ACTIVITY & TOPIC GROUPS

Register your interest by telephoning the Contact for the Topic who will give you the start date.

You should first become a Member of U3A in Brent using the downloadable enrolment form.

TOPICAL DISCUSSION - *New participants sought!*

Mondays, weekly, 10 am – 12 noon at 37 Kings Drive, Wembley Park, HA9 9HN (near bus routes 297, 206, etc) *Lively open forum on current news followed by planned topics.*

➤ Contact **Peggy Lewis** on 020 8452 8739.

FLUENT FRENCH CONVERSATION (*not for beginners*) - ***New participants sought!***

Mondays, 10.30 am at 146 Wembley Hill Road, HA9 8EW. Bus routes 79, 204, 245, 483.

➤ Contact **Sheila Lorbiecki** on 020 8908 3655.

YOGA FOR SENIORS with **Helen Hagger** (£5 per session) ➤ Just turn up

Mondays, weekly, 2 pm - 4 pm at St Catherine's Church, Neasden Lane (Neasden roundabout), NW10 1QB. Buses 182, 232, 245, 297, 302, 332. Limited free parking.

ARMCHAIR TRAVEL

Mondays fortnightly, 2.30 pm, at 67 Wakemans Hill Avenue, Kingsbury, NW9 0TA. *We share our travels and memorable holidays, where we've been and where we'd like to go.*

➤ Contact **Colin Brown** on 020 8205 7957

SCIENCE

2nd Tuesdays, monthly, 10.15 am -11.45 am at 16 Haycroft Gardens, Harlesden, NW10 3BN. Buses 206 & 226. *We pick topics, investigate and present them to each other (with DVD etc)*

➤ Contact **Frances Holloway** on 020 8965 5874 or fholloway90a@hotmail.com

WATERCOLOUR PAINTING

Tuesdays weekly, 10.30 –12.30. *For beginners as well as experienced painters.* At Ealing Road Public Library, Wembley. ➤ Contact **Babu Patel** on 020 8450 2603

RELIGION & SPIRITUALITY

1st & 3rd Tuesdays of month, 2.30 – 4.15 pm at 179 Chatsworth Road, Willesden Green, NW2 5QS (Buses 98, 260, 266, 460, Jubilee Tube). – Theme this year: *Spiritualities*

➤ Contact **Donald Elliott** on 020 8933 7558 or <mailto:u3a.elliott@ntlworld.com>

DESERT ISLAND DISCS - *New participants welcome*

Last Tuesdays monthly, 2.30 - 4 pm at 179 Chatsworth Road, Willesden Green, NW2 5QS (Buses 98, 260, 266, 460, Jubilee Tube). *All tastes in music - bring a CD or vinyl and introduce*

➤ Contact **Helen Dymond** on 020 8965 1497

ANIMATED FILMS - *This group is full*

Wednesday mornings by mutual arrangement, at 31 Chelmsford Square, NW10 3AP. Buses 302, 52, 6. ➤ Contact j.padro.a@hotmail.co.uk or 020 8830 0832 (daytime only).

CLOTHES MAKING - 2 groups

Wednesdays (1) 10:30 - 12:30pm, (2) 2-4 pm, at 32 Lantern Close, Wembley, HA0 2JT. On the top floor of a block of flats with a lift. *Pleasurable dressmaking removing many hassles.*

> Contact **Celia Stern** on 020 8903 0784.

RUSSIAN HISTORY - in film & discussion. *This group is full*

Wednesdays fortnightly, 10.30 to 12.30 at 179 Chatsworth Road, Willesden Green, NW2 5QS. (Buses 98, 260, 266, 460, Jubilee Tube Willesden Green).

> Contact **Joan Padro** j.padro.a@hotmail.co.uk or 020 8830 0832 (daytime only)

UKULELE BAND

Wednesday mornings by mutual arrangement. 16 Haycroft Gardens, Harlesden, NW10 3BN. Buses 206 & 226. *Bring a ukulele and learn to play.*

> Contact **tom.reid21@virginmedia.com** or phone 020 8965 0454

FILMS: *Monthly film screenings with discussion at the Lexi Cinema (194b Chamberlayne Road, Kensal Rise. Buses 6, 52, 187 and 302) - usually on the last Wednesday of the month at 1.30 pm. Tickets £5.00. . With Frances Lass. Just turn up.*

For the next screening visit www.brentu3a.org.uk or www.thelexicinema.co.uk

BOOK READING - monthly

Thursday afternoons. 31 Normanby Road, off Dudden Hill Lane, NW10 1BU. *Read a book, usually free, then discuss it at the meeting.* Buses 226, 297 and 302. Also Jubilee Line.

➤ Contact **Cathy** on 020 8452 5239

IS IT A GOOD READ? - BOOK READING- monthly

Thursday afternoons. 28 Alexander Avenue, Willesden, NW10 3QS. Buses 206, 6, 52, 302.

> Contact **Iris Johnstone** on 020 8459 7128

INTERMEDIATE FRENCH

Friday mornings. 31 Normanby Road, off Dudden Hill Lane, NW10 1BU. *Keep up and improve your French conversation* (O level or GCSE). Bus routes 226, 297 and 302. Also Jubilee Line.

➤ Contact **Cathy** on 020 8452 5239

GERMAN CONVERSATION

Friday afternoons. *For fluent German speakers to keep abreast of German current affairs and cultural life.* Near Preston Road, Wembley.

➤ Contact **Cathy** on 020 8452 5239.

NEW! OLDER PEOPLE IN FILM - the representation of older people in film.

Friday afternoons, dates by mutual arrangement. New members welcome. Venue NW10.

> Contact **Rita Ferris-Taylor** -on 020 8965 0454

For **LUNCHES, WALKS, OUTINGS, HOLIDAYS** see www.brentu3a.org.uk